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La Belle Intelligence : Viva La Cleanse: How I Got Healthy, Lost Weight, And Found My Beauty before purchasing it in order to gage whether or not it would be worth my time, and all praised Viva La Cleanse: How I Got Healthy, Lost Weight, And Found My Beauty:

0 of 0 people found the following review helpful. Fascinating Fun Read Jam Packed with Great InfoBy TranqueFascinating read. In spite of a busy day ahead of me, I found myself half way through it before my wife reminded me I had a full "to do" list.This book is jam packed with excellent information that is presented in a very well written, entertaining way. Well worth your time.0 of 0 people found the following review helpful. Highly recommend this book!By Janice Carol HuffmanAnyone who has received a cancer diagnosis or a serious health concern should purchase this book. Start here. I've enjoyed reading over and over. It's the simplest protocol I've ever done. Provide the right and absorbable nutrition and follow the detox method and the results are amazing and fairly fast. And be sure and watch Evita on YouTube. After seeing her on YouTube, I purchased the book immediately and have shared her information to many people in cancer groups.0 of 0 people found the following review helpful. Change your lifeBy Lealyn PoponiI just love Evita's story of overcoming cancer! She makes eating healthy sexy! I find this book to be an easy, yet informative read. Highly recommend to anyone wanting to drastically change their health and outward appearance for the better.

For the first half of her life, La Belle was an obese, depressed, sad woman with acne on her face. She was unhappily married and her sexual expression was stifled by the shame and shadow of sexual trauma experienced in childhood. In 2000, she was diagnosed with a terminal disease and instead of seeing it as a death sentence, she saw it as an opportunity for transformation. She healed herself naturally by following a strict protocol of intermittent fasting, a high carb raw vegan diet and spiritual healing. She lost over 50 lbs and was photographed as a wellness model. Today, La Belle is a unique coach helping men and women to become Alpha Lovers and Alpha Leaders. Among her private clients are Hollywood celebrities, wives of billionaires, as well as CEOs of Fortune 500 companies. In her book, La Belle Intelligence, the Health and Beauty Guru, is sharing her signature program 'VIVA LA CLEANSE. Health Beauty Detox.'

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